



USER GUIDE

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Installation

The application is a Matlab script existing of two parts (IKD1D.fig, IKD1D.m). It has been tested for Matlab R2013a. To run the application, extract the files from the zip folder, add the folder path in which the scripts are, and run the m-script.

Loading data

1. Section Input file: browse to folder with your data, load the exported file (currently Biodex and Cybex files can be uploaded)
2. Identify whether the file includes concentric or eccentric data, and torque-angle-velocity data should now be displayed for the file

Manual fitting

1. Check in the section 'velocity selection criteria' whether the application has correctly identified the desirable isokinetic velocities. You can also alter the tolerated velocity.
2. Importantly, it is always possible that one contraction effort is broken up into two parts (typically at start or end of the attempt). Once you have established your criteria, you can easily verify whether this is the case or not by counting the number of trials marked in red on the screen, and comparing that number to the number of regions as displayed in the section select peak regions. If the latter is higher, then it is worthwhile using Select Peak Regions to scroll through the different regions that are being selected, and accept only the ones that you wish to keep. It is for example also possible to remove a first and last trial systematically. You do this by using the Select Peaks button, and this will highlight each region and ask you whether you wish to include it or not.
3. Once you have decided on the trials to include, you can now press Fit Curves in the analysis section of manual fitting. If you think that there is unreliable data at the beginning of the end of a contraction, identified for example by high variability between trials, it is then possible to reduce the range of motion for the fitting at either ends by selecting min/max angle and pressing fit curves again. You can also select the preferred fit type, which is either a 4th order polynomial or a simple point by point average with predefined averaging window to generate a smoother curve (defined by number of smoothing points).
4. Press Save and this will save three csv files. One file will contain all data, another will contain the averaged curves, and another will contain the polynomial curve (even if you may not have selected this option). For now, we have decided to just export everything. You can open these files in Excel to see how data is structured.

Automatic fitting

1. You will hopefully be able to quite easily understand the criteria of automatic fitting. When data collection is done according to highly standardized procedures, then it should in theory be possible to do the entire manual process in an automated way. We have therefore attempted to automate the region selection and fitting based on standard criteria. This will

override anything you may have done via manual fitting, and will basically try to achieve the same but now according to strict rules. The benefit of that is that for scientific purposes it becomes very straightforward to describe your trial selection and curve fitting processes.

2. Once you have selected the appropriate regions and done the curve fit, you can save your files similarly as before.

Population-based statistical testing

In order to apply statistical data comparison between averaged curves there is the option to 'merge fitted files'. This section allows you to select the output files that were saved (e.g. a number of subjects for one experimental condition) and will re-sample the fitted curves into one output file that aligns the data from all files for their angular range of motion. After selecting the files the application asks where to save the merged csv file. This merged file can be opened in excel and will help for preparing the data for population-based hypothesis testing, e.g. through using one-dimensional Statistical Parametric Mapping.